



COVID SAFE PLAN

Completed: Alison Hunt-Sturman (Secretary)

Date: 16 March 2022

Review: 30 June 2022

This COVID Safe Plan aligns to the Community Sport and Recreation COVIDSafe Plan, and the Hockey Victoria Return to Hockey Guidelines (as updated from time to time).

The Secretary will review the Plan when new or updated guidance or requirements are released from the Victorian Government, Hockey Victoria or any other industry body with legislative oversight for COVID Safety.

All players are required to read and understand the HV Return to Hockey Guidelines and to read and understand this Bayside Hockey Club COVID Safe Plan.

1. Principles of COVID Safety

BHC aims to ensure the health and safety of the Bayside Hockey Community, its members, supporters and wider community.

BHC conducts 'contact sport' (as defined by Hockey Victoria) in an outdoor setting for junior and senior competition and training activities.

BHC considers a patron to be anyone who is located at the home ground whether or not they are engaging in a physical recreation activity at the time, or are a spectator who is attending community and professional sport.

BHC home ground sporting activities are limited to the current restrictions as specified by Hockey Victoria or the relevant Government Department.

All patrons are required to carry a face mask (unless they have a lawful reason not to). Patrons are to comply with the current restrictions in Victoria if they require a person to wear a face mask outdoors.

A face mask is not required while engaging in the sport of Hockey (training or competition).

The use of change rooms, showers and toilets at the ground is permitted.

The principle of Get in, Play/Train and Get Out is applied to all activities.

2. COVID-19

Ensuring all patrons are aware of Coronavirus signs and symptoms:

The Coronavirus can affect individuals in different ways, most infected people will develop mild or moderate symptoms of the virus which may include:

- Fever
- Dry Cough
- Tiredness
- Flu like Aches & Pains

Some people may experience the following symptoms:

- Nasal Congestion
- Sore Throat
- Runny Nose
- Diarrhea
- Loss of taste and smell

If you are experiencing any of the above symptoms, have been in contact with someone who has tested positive to COVID-19 or has the above symptoms, please do not present at a hockey venue and seek relevant medical advice.

If you have symptoms and are advised by a doctor or healthcare worker, you should return home immediately. There is a risk that you could have coronavirus (COVID-19) and could spread the virus to other people.

If you suspect you may have the coronavirus disease (COVID-19) call the hotline – open 24 hours, 7 days - 1800 675 398.

If any member of BHC tests positive for COVID-19, contact Rachel Black, President, immediately on: 0498 498 515 (M) president@baysidehockey.com.au

The President, on behalf of BHC, will make the relevant notifications to HV. BHC will, in conjunction with HV and the Department of Health and Human Services (as needed), co-ordinate a response with contact tracing activities and BHC will follow their advice.

Members who have tested positive for COVID-19 will be asked to comply with any directions from the Department of Health which are likely to include; not to attend training or any other BHC activity until such time as a medical certificate provides confirmation the member has satisfactorily recovered.

3. COVID Marshals

Ensuring where required that COVID Marshals are appointed:

- To control entry of patrons
- To ensure check in is completed by all patrons
- To monitor COVID safe measures (As detailed below)

COVID Marshals are not required at this time.

4. Physical Distancing

Ensuring participants, volunteers and organisers are 1.5 metres apart where appropriate:

- Signs are displayed at the entrance of areas to remind patrons to physically distance
- Compliance is maintained to the identified density quotient (as above)

5. Wearing of Face Masks

Ensuring participants, volunteers and organisers wear a face mask where required:

- Signs are displayed at the entrance of areas to remind patrons to wear a face mask if it is required at any time

6. Practicing Good Hygiene

Ensuring participants, volunteers and organisers are practicing good hygiene:

- Surfaces will be cleaned before and after use with disinfectant wipes (disposable)
- Equipment (where it is permitted to be shared) will be cleaned before and after use
- Hand sanitiser is available for all patrons
- Regular handwashing is encouraged
- Spitting is prohibited
- Contact (handshaking/high fives) is strongly discouraged
- A terminal clean will be completed if there is a COVID positive case identified
 - o All high touch surfaces will be cleaned and disinfected
 - o All gate entry points will be cleaned and disinfected
- The use of shared facilities (change rooms and toilets) is subject to physical distancing capacity limits (as above) and will be cleaned at the end of each session (if used)
- Persons who open/lock up will wipe down gates and locks at the end of each session

Cleaning and disinfection is completed using approved products that are 'antiviral'.

ALL PLAYERS / COACHES ARE ENCOURAGED TO:

- Shower at home before and after training/competition
- Arrive dressed and ready to train, this includes having shin guards and hockey shoes on
- Pack a water bottle (or two) with your name clearly visible on the bottle (DO NOT share water bottles)

Coaches must ensure that training drills are designed with social distancing measures in place. Coaches are only to use equipment provided to them in their Coaches pack to be disinfected at the end of each game or training session.

- Chlorine-based disinfectants or freshly made diluted bleach solution must be used to clean equipment. Always follow the manufacturers' guidelines for the correct mixture when working with chemicals. Wash equipment (such as balls, markers etc) in the cleaning mixture, leaving it on for at least ten minutes, before rinsing and drying

7. Maintaining Registers of Participants

Ensuring records are maintained of patrons and responding where required:

- Records are maintained of patrons at training and competition events
- Contact tracing information can be provided on request to approved authorities

8. Creating player 'bubbles'

Minimising patrons playing or attending across multiple teams/competitions:

- Where possible, training and competition will be conducted to minimise the movement of players, coaches and support staff between teams

9. Conducting Safe Training and Competition

Ensuring patrons are safe when training and in competition:

- There is limited movement of coaches, support staff and players between groups unless it is not reasonable and practical
- Groups and teams should remain constant, with participants and coaches advised to avoid swapping between groups/teams wherever practical
- Training start and finish times are staggered to reduce 'bottlenecks'

This Covid Safe Plan:

- Aligns with the directions issued by the Victorian Chief Health Officer.
- Provides completed responses and the required supporting documentation
- Accounts for the current permitted level of sport or recreation activity
- Identifies how the plan will respond to changes in permitted levels of activity.

If you have any questions, please contact:

Rachel Black | President president@baysidehockey.com.au

Stuart Campbell | Junior Vice President vicepresident@baysidehockey.com.au

APPENDIX 1:

Zones where required at BSC:

